

UNITED WAY OF SASKATOON & AREA

**DIRECTORY OF COMMUNITY INVESTMENT
2011**



United Way of Saskatoon & Area works to improve lives and build community by engaging individuals and mobilizing collective action.

The social issues of our community are complex and cannot be identified or solved by one person or organization alone. Our work engages the entire community – those offering solutions and those offering resources. This is how we improve lives in our community. The work and investment of the United Way are guided by four priority areas identified to us by the community.

- Addressing the root causes of poverty and alleviating its impact
- Supporting access to literacy and skills training and creating opportunities for people to learn from one another
- Creating a community where everyone can fully participate regardless of ability/disability, age, race or where they live
- Creating a community where families feel safe

How We Improve Lives: Strengthen Local Agencies

The United Way is more than a funder. In addition to investing campaign funds back into the community, we play a role in working with funded agencies to assist them in becoming stronger, more effective organizations.

The role of strengthening funded agencies – from front line service delivery to the Board governance level - has expanded significantly for the United Way over the past few years. This is resulting in key changes not only for United Way's funded agencies but also for the United Way in how we make funding decisions and partner with local agencies.

For example, five years ago the United Way initiated the Human Resources Collaborative Project in response to funded agencies citing HR as their top challenge; work here includes learning circles, online tools and collaboration projects that build agency capacity to address HR functions such as staffing, training and development, employee and labour relations, workplace safety, compensation, HR information system, and workplace effectiveness.

How We Improve Lives: United Way Led Initiatives

The United Way is a leader in our community around understanding, bringing attention to and finding solutions for complex community issues. Some United Way led initiatives that are currently underway in our community are:

- A province-wide implementation of 211 in Saskatchewan
- Volunteer Saskatoon
- Poverty Reduction Partnership
- Strength of Spirit Advisory Committee

How We Improve Lives: Our Partnerships



The United Way is in a unique position in our community to be a part of different conversations. It is the strength of our community partnerships that allow us to engage in effective collaboration which will bring positive lasting change to Saskatoon and Area.

Our strong relationships with the following allow us to be successful in working towards solutions and bringing together resources.

- The Saskatoon Poverty Reduction Partnership
- Saskatoon and District Labour Council Formal Partnership
- Saskatoon Collaborative Funders Partnership
- Imagine Canada
- HR Council for the Voluntary and Nonprofit Sector

How We Improve Lives: Fund Local Agencies & Programs

The United Way of Saskatoon & Area sees funding support of agencies in our community as an investment, an investment in strengthening the social fabric of our community to improve the quality of life for all. We have two streams of funding for local agencies and programs—long term, which provides ongoing annual operating support through our Community Fund and short-term, which represent short-term strategic investments focusing on providing funding to meet vital or emerging community needs made annually through the United Way Community Initiatives Fund,

Thirty-two community based organizations receive long term, ongoing annual operating funding through United Way. These include: Autism Services, Big Brothers Big Sisters of Saskatoon & Area, Boys & Girls Clubs of Saskatoon, Canadian Mental Health Association-Saskatoon Branch, Canadian Paraplegic Association-Saskatoon Branch, Canadian Red Cross Society-Saskatoon Branch, Catholic Family Services of Saskatoon, CHEP, CNIB, Community Living Association Saskatoon Inc., Cosmopolitan Industries, Crocus Co-operative, Elizabeth Fry Society, Epilepsy Saskatoon, Family Service Saskatoon, Girl Guides of Canada-Bridging Rivers Area, John Howard Society, Learning Disabilities Association of Saskatchewan, Maggie's Child Care for Teen Parents, Saskatchewan Abilities Council-Saskatoon Branch, Saskatchewan Deaf & Hard of Hearing Services-Saskatoon, Saskatoon Community Mediation Services, Saskatoon Crisis Intervention Service, Saskatoon Friendship Inn, Saskatoon Indian & Métis Friendship Centre, Saskatoon Interval House, Saskatoon Open Door Society, Saskatoon Services for Seniors, Saskatoon Sexual Assault & Information Centre, The Avenue Community Centre for Gender & Sexual Diversity, YMCA Saskatoon and YWCA Saskatoon.

Current short term funding support is provided to Community Legal Assistance Services for Saskatoon Inner City Inc. (CLASSIC), READ Saskatoon, Saskatchewan Association for the Rehabilitation of the Brain Injured (SARBI), Core Neighborhood Youth Co-op (CNYC), Saskatoon Food Bank & Learning Centre, Saskatoon Society for the Protection of Children Inc. (Crisis Nursery), Saskatoon Student Wellness Initiative Toward Community Health (SWITCH) and Sexual Health Centre Saskatoon.



AUTISM SERVICES

609 - 25th Street East
Saskatoon, Saskatchewan S7K 0L7
Phone: (306) 665-7013
www.autismservices.ca

Autism Services is a Saskatoon-based, charitable organization, dedicated to providing advocacy, support, education, recreational, social and residential programs and services to individuals with autism spectrum disorder (ASD), and their families.

With a vision that all individuals with autism have the opportunity to live with dignity and to reach their full potential, Autism Services aims to deliver the highest standard of service to individuals with autism, and their families/caregivers. Any family having an individual with characteristics/ diagnosis of autism or any other disorder on the Autism Spectrum qualify for service.

Autism Services will provide transportation when necessary, or staff at a higher ratio for children with more difficult behaviours, in order to remove barriers to participation in programs offered.

Family support and education programs encompass a variety of education and support groups offered in partnership with other community based organizations. One example is "Stressbusters," which offers anxiety management to youth with ASD and a joint session with parents offered at the same time. Autism Services has a Resource Library for families to borrow materials on ASD. In addition, numerous trainings and workshops on ASD are provided to schools, agencies and community groups.

Direct client service programs provide behavioural intervention to the child living on the spectrum.

Recreational and social programs evolve and change to meet the needs of the participants and to accommodate what families ask for. Often children with ASD have behaviours and lack social skills thus limiting them from participating in typical community programs. Programs vary depending on season and include a summer program, art therapy, music therapy, swimming, weight lifting, yoga, guy's club, friendship skills.

Residential home operations includes three residential programs for 11 adults with ASD funded by Community Living Service Delivery, a branch of the Ministry of Social Services.

Autism Services aligns with the United Way's priority of "creating a community where everyone can fully participate regardless of ability/disability, age, race or where they live." No one is turned away from the programs; if they don't have a diagnosis and are on waiting lists to receive, the family can still access all services. If any of the fees associated with memberships or programs is a barrier, the membership fee is waived, and families may apply for sponsorship of program fees.





182 Wall Street
Saskatoon SK S7K 1N4
Phone: (306) 244-8197
www.bbbssaskatoon.org

Big Brothers Big Sisters of Saskatoon is a community supported organization committed to the healthy development of children and youth and their families through quality volunteer mentoring relationships. With a vision that every child who needs a mentor will have one, BBBS has made a difference in the lives of Saskatoon youth for over 30 years.

Programs support over 600 children and their families each year and involve over 450 adult volunteers in this community. Volunteers are screened, matched, orientated and receive ongoing support by professional caseworker staff.

All programs have been developed alongside the traditional Big Brother Little Brother and Big Sister Little Sister match to suit the changing needs of children, youth and volunteers. Currently in Saskatoon, over 250 children are matched with adults in the one to one program.

Couples for Kids matches a Little Brother or Little Sister to a caring common law or married couple.

In-School Mentoring is a program designed to make it easier for children coming from home situations that found involvement in community programs intimidating. The program is site-based where the mentor meets with the mentee on the school property for an hour a week during the school day.

Buddy Matches are made where volunteers are matched to two or more children in a group setting.

Group Only Volunteers transport and supervise children on the match wait list at monthly group activities. Ongoing support and contact with our casework staff is an integral part of volunteer support.

Youth in Care program matches volunteers to youth ages 12-20 that are in long-term foster care.

Go Girls! provides girls ages 11-14 with information to help them make informed choices about health active living and support them in dealing with the emotional, social, and cultural issues they may face.

Game On is similar to the Go Girls! Program but specifically for boys ages 11-14.

Big Brothers/Big Sisters/Cross Gender matches Little Brothers and Little Sisters from 5-18 years to caring adults in mentoring relationships. Volunteers are screened, matched, orientated and supported ongoing by professional caseworker staff.





Boys & Girls Club of Saskatoon

105 – 135 Robin Crescent

Saskatoon, SK S7L 6M3

(306) 244-7820

www.bgcsaskatoon.com

Boys & Girls Club of Saskatoon provides a safe, supportive place where children and youth can experience new opportunities, overcome barriers, build positive relationships and develop confidence and skills for life. They offer activities that encourage healthy living, personal growth, learning, and community involvement .

Boys & Girls Club actively reduces barriers by providing programs that are affordable or free, directly in the community where families live so that transportation is not an issue, Programs are adapted to fit the need of a community rather than trying to fit the program into a community.

Mini Clubs were started because of the increasing requests for programs and the demonstrated needs of schools and communities and are designed for families in need, parent/guardians entering/re-entering the work force, students and children at-risk. Each Mini Club program is unique with activities offered before, during and after school depending on site.

Clubhouse programs aim to attract children and youth who often don't participate in traditional community programs because of a lack of resources or a lack of family support. The Confederation Park Clubhouse is located in a portable classroom adjacent to Bishop Roborecki School and the Pleasant Hill Clubhouse is located in Kinsmen Activity Place on Ave. V South. The goal of these recreational based programs is to engage children and youth in positive activities and to develop positive relationships with them.

Pike Lake Summer Day Camp program costs are kept as low as possible to allow all families regardless of their economic situation to participate. Annually about 10% of the spaces are offered to children who would not otherwise have been able to attend camp.

Boys and Girls Club Saskatoon also operates affordable Summer in the City Day Camps, a Youth Employment Program where youth ages 12 to 18 years work for a week at the Prairieland Exhibition, Before and After School programs designed to provide an affordable service to working parents who are looking for quality child care options in 20 elementary schools in Saskatoon and 2 preschool programs, John Lake & Ecole College Park Preschools





1301 Ave P N
Saskatoon, SK S7L 2X1
(306) 384-9333
www.cmha.ca

Canadian Mental Health Association (CMHA) Saskatoon Branch is a non-profit organization which assists and supports people with mental illness to maximize their potential and recover their lives as community members. This is achieved through programs and services, public education and advocacy to enhance mental health in the community.

The role of CMHA Saskatoon is to provide rehabilitative services to people with long term mental illness and to advocate for the best possible care, treatment and rehabilitation of the mentally ill. These services include vocational and social rehabilitation. In addition CMHA's role is to improve the mental health of all citizens by educating the public about mental health, mental illness and prevention. We are a referral agency to those needing assistance with mental health concerns.

Life skills participants are adults living with mental illness and are referred by a mental health professional. It is a course which helps people to develop skills in dealing and coping with daily living situations. It is an active learning program providing an opportunity to explore alternatives, develop self-confidence and work towards greater independence and satisfaction in life.

Vocational counselling/supported employment conducts intake, assessment and support for clients who wish to be competitively employed or pursue higher education in order to improve vocational outcomes. Support is not time limited and is available for as long as the client requires and/or when clients require it during periods of ill health.

Recreation and leisure programs encompass a variety of leisure activities provided for adults living with mental illness. Programs are drop in and free of charge. They include creative arts, bowling, photography, writers club, karaoke, tours, dances and an annual mental health camp coordinated by Saskatoon District Health.

Public awareness and education programs provide information and referral services, pamphlets, brochures and speakers to the public to inform and educate about mental health and mental illness and to reduce the stigma associated with mental illness.





1705 McKercher Dr
Saskatoon, SK S7H 5N6
(306) 374-4545
www.cnib.ca

Canadian National Institute for the Blind (CNIB) works to enhance independence for people with vision loss and to be the leader in promoting vision health.

The focus behind CNIB work involves “seeing beyond vision loss” and covers three targeted areas: community-based support, helping people who are blind or partially sighted develop the confidence, skills and opportunities they need to fully participate in life; knowledge, improving the eye health of Canadians and eliminating avoidable sight loss; national voice, creating an inclusive and barrier-free society with access to rehabilitation services and technology; and registration and referral, the first point of contact for anyone wishing to access CNIB’s programs and services.

Counselling programs provide support to people as they adjust to vision loss, or the combined loss of hearing and sight.

Child and family services programs include counselling, information, advocacy and programming for children from birth to age 17 and their families.

Low vision services includes a functional assessment of visual abilities, information and training in the use of low vision devices and instruction on how to maximize remaining vision.

Independent living programs include life-skills training to help manage the essentials of daily living, with an emphasis on maintaining independence – from safe and effective methods of cooking and doing household tasks such as laundry and cleanup, personal care and banking, and communications, including braille and computer training.

Orientation and mobility programs focus on instruction on how to move safely and independently around the home, workplace, school and community.

CNIB also offers career and employment services, computer training, and a summer camp for Saskatchewan children with vision loss or other disabilities.





3-3012 Louise St
Saskatoon, SK S7J 3L8
(306) 652-9644
www.canparaplegic.org

Canadian Paraplegic Association assists persons with spinal cord injuries and other physical disabilities to achieve independence, self-reliance and full community participation.

Core services provided are:

Peer counselling and support - CPA offers lived experience mentors and role models to encourage and sustain clients through the challenges they face.

Rehabilitation counselling – Professional counseling services assist individuals in their return to an independent life in the community. CPA offers continuous support, information, community links and follow-up.

Vocational/employment services – These services assist individuals in identifying vocational alternatives and obtaining employment consistent with their values, skills, abilities and interests. Employers can also use this service to evaluate worksite accessibility and job accommodation.

Community advocacy – CPA assists communities to identify, reduce and eliminate barriers to full community participation and serves as a leader in the area of education and awareness in the prevention of spinal cord injuries.

Case management/service coordination – Case management services deliver overall coordination for the rehabilitation process, from injury through community integration.

Information services – CPA provides comprehensive and relevant information for clients, their families, employers, community agencies and governments.





443-2nd Avenue North
Saskatoon, Saskatchewan
S7K 2C1
Phone: (306) 668-0720
www.redcross.ca

Canadian Red Cross works to improve the lives of vulnerable people by mobilizing the power of humanity in Canada and around the world.

Red Cross service delivery is based on immediate need and on the fundamental understanding that everyone, at any time, can be vulnerable. Red Cross engages youth through programs that provide education, skills and leadership development, global awareness, and safety and injury prevention training.

As a leader in swimming education in Canada, Red Cross is dedicated to promoting life-long fitness and healthy lifestyles through recreation, including having the basic swimming safety skills to be able to enjoy the water.

Programs and services are targeted around four main streams.

RespectED violence and abuse prevention programs work to break the cycle of abuse, neglect, harassment and interpersonal violence through prevention education, and in so doing promote safe, respectful and supportive relationships for individuals within the family and the community. Through community and client-focused delivery models, RespectED programs build the capacity of individuals, organizations and communities to improve the lives of the most vulnerable in society, namely children and youth.

Injury prevention and health promotion programs including first aid and CPR, babysitter training and swimming teach people the skills they need to stay safe.

Disaster services includes training for individuals to be prepared in the instance of a disaster. Canadian Red Cross responds to local disasters, from house and apartment fires to large flood and forest fire evacuations, providing basic needs – food, shelter, clothing, personal items, referrals, emotional support, and family reunification – for people who may have nowhere to turn when a crisis forces them from their home.

Humanitarian/international services includes locating & reuniting families separated by conflict or disaster. The Canadian Red Cross Humanitarian Issues Program teaches people about global humanitarian issues and helps Canadians understand how disaster and conflict affect people around the world. It also helps the public to become active global citizens by promoting greater understanding of International Humanitarian Law and humanitarian issues around the world.





200 - 506 - 25th Street East
Saskatoon, SK. S7K 4A7
Phone: (306) 244-7773
www.cfssaskatoon.sk.ca

Catholic Family Services (CFS), founded in the Catholic tradition of service to others, is committed to developing strong and healthy individuals and families by providing professional counseling, education and community programs, accessible to all.

The values that guide the Board and organization's functions include being of service to others, being knowledgeable, competent, effective and efficient, being a leader (as an organization and as individuals) fostering positive, collaborative and supportive relationships with team members, clients, partners and the community, being accountable to the community and others who entrust CFS with valuable resources while demonstrating integrity, honesty openness and transparency

CFS is committed to being seen as a recognized leader, committed to excellence and utilizing effective partnerships to build a strong community, and responding to emerging trends through innovative programs that support families.

Counselling for individuals, couples and families includes programs serving children, youth and adults for a variety of issues including family concerns, couple and relationship issues, separation and divorce, stress, depression, anxiety, workplace issues, violence and abuse. Group and family wellness and education, designed for children, youth and adults, encompasses programs aimed to support optimal well-being in clients through group settings,

Professional training for colleagues and businesses in the community supports professionals who work with children, youth and parents. A number of training programs are offered throughout the year to facilitate the opportunity to learn, offering information, tools and strategies.

Teen parent/early childhood program & ED Feehan Child and Family Centre supports teen parents and older parents by providing childcare for families with modest incomes.





Room 210, 230 Avenue R South
Saskatoon, Sask. S7M 0Z9
Phone: (306) 655-4575
www.chep.org

CHEP works with children, families and community to improve access to good food and to promote food security. CHEP's vision for the community is of a community where good nutritious food is always available for everyone no matter what their circumstances, where there is care for the environment, access to local food production, and knowledge about making healthy food choices.

CHEP supports food programs for children at schools and community centres. There are programs in elementary schools, three high schools and 20 preK programs. In 2010, CHEP partnered in 45 different locations where more than 400,000 meals and snacks were served to children who are healthier, happier and better able to learn and participate as a result. For operators of all nutrition programs in schools CHEP provides training workshops on nutrition requirements, budgeting and menu planning.

KidsKitchen is a hands-on program in 7 schools where children learn basic cooking, safety and nutrition skills in a fun atmosphere and take home food they cook. The goals are to enable children to become skilled at preparing meals for themselves and their siblings

Family programming incorporates programs that get food and information to families in ways that nurture self-reliance and improve access to good food. Stores for Seniors delivers a limited variety of items-milk, eggs, fruit, vegetables, dairy, canned goods, baking and bread (sold close to the usual grocery store prices) in 10 seniors' buildings throughout Saskatoon. Good Food Box is an alternative distribution system which enables boxes of vegetables and fruit to be purchased by families and individuals and groups at an affordable price. Customers pay for the food and a margin that covers delivery and packing day, CHEP subsidizes staff costs. Community gardening programs offer participants a place to come together to meet, learn and work growing food for themselves and their families and friends. Collective kitchens enable people to pool their resources, to strengthen knowledge and skills and to get together to cook healthy affordable meals in bulk for their families. Workshops and training events occur in many program areas with the goal of providing up to date and useful information on nutrition, gardening, cooking. Events also occur to increase participation, build connections and confidence.





#102, 135 Robin Cr.
Saskatoon, SK S7L 6M3
(306) 652-9111
www.clasaskatoon.org

Community Living Association Saskatoon Inc. (CLASI) provides persons with disabilities and their families advocacy, programs, and services to enhance their lives. CLASI has a vision of individuals with intellectual disabilities living a good life in the community-with homes, employment or day programs, and leisure activities.

As an organization that works with all forms of disability including individuals with intellectual, physical, and mental health disabilities (as these issues often go together), CLASI works to create opportunities for all to participate.

Individual and systemic advocacy is provided for individual clients and with families to assist them to access the services they need. System advocacy includes work to change conditions for a group, or all persons with disabilities.

The Respite coordination program matches families with caregivers who can provide appropriate care for their children with special needs. The family member with special needs can be children, youth or adults.

Parents forever parenting program is intended for parents who self-identify as having an intellectual disability or special need. The purpose of the program is to provide parenting information, to empower parents and to reduce the need to place children in foster care.

Kids, teen, and young adult clubs provide an opportunity for participants to develop peer friendships in a safe and supportive atmosphere. In kids' clubs, recreational outings include summer day camps, swimming, the Fun Factory, and seasonal parties with crafts. In teen clubs, community outings are featured—teens attend Husky games at the university, go to the Campus Cove, and have seasonal parties/dances. Adult clubs are recreational/social clubs for young adults, outings include snooker nights, Blades games, and seasonal parties/dances.

CLASI also offers a support program for youth with intellectual disabilities in long term care with the Ministry of Social Services-Child and Family Services Division, a buddies program at Parkridge Centre and an introductory training program for caregivers working with persons with disabilities.





Cosmopolitan Industries Ltd.
28 – 34th Street E.
Saskatoon, SK S7K 3Y2
(306) 664-3158
www.cosmoindustries.com

Cosmopolitan Industries Ltd. (COSMO) envisions an enhanced quality of life for adults with intellectual disabilities. Respecting the dignity and needs of each individual, Cosmo creates opportunities, provides support and challenges participants with intellectual disabilities to reach their full potential.

Cosmo's primary goal is for all participants to achieve their maximum potential by allowing them to control and direct their own lives, make decisions, take responsibility for their actions, learn through success and failure and have the opportunity to participate in all aspects of the community. Person-centred plans allow for a review of each individual's program.

A secondary goal is to support and provide a wide array of diverse vocational work, non-vocational activities and support options for the full spectrum of adults with intellectual disabilities. These opportunities allow participants choices as to how they are supported in achieving their goals.

Options and choices supports and provides vocational work, non-vocational activities and support options for the full spectrum of adults with intellectual disabilities.

Vocational Options include recycling, paper sorting/shredding and stale beverage disposal. Community contracts as they arise range from mail management, cleaning plant pots, light packaging and painting gas meters.

Avocational options include life skills training focusing primarily towards enhancing quality of life; pathways to opportunity which focuses on finding a balance between avocational and vocational activities that meet the individual needs of each participant; satellite day programs offered at Kinsmen Manor, Sherbrooke Community Centre and Parkridge Centre; and seniors program focusing on providing programming for those individuals who are chronologically elderly or experiencing early signs of dementia. Participant Program

Support options are integrated and supported across the organization to promote independence and address the unique and individual needs of each participant. Every participant receives a training allowance which provides an awareness of the recognition for contribution, an increase in self-esteem and knowledge around money/spending.





135 Avenue B. South
Saskatoon, SK S7M 1M1
www.crocuscooperative.org

Crocus Co-operative is a non-profit, charitable, member guided organization that works on behalf of people recovering from mental illness by:

- Promoting their rights and responsibilities
- Providing a safe, accepting drop-in environment
- Promoting the growth of our members through vocational, education, recreational and social programs

The goal of Crocus is to improve the quality of life for each and every member by providing a home-like environment that builds their mental health. This is achieved in many ways- including building a greater awareness of Crocus in the greater community; breaking down the stigma of mental health; expanding and improving programs; increasing the membership.

Transitional employment program is a temporary or transitional work program that helps mental health consumers get back into the workforce in a way that suits their personal situation. Those working with this program are often recently released from hospital or other institutions and this is often their first foray into the “real world.”

Social/program committee does a variety of activities throughout the year including going out to the lake for a picnic, taking a walk to the Mendel Art Gallery, picnicking by the river, putting on dances and coffee houses, memorial services, Christmas tours to the Enchanted Forest, educational speakers, yoga, tai chi, art and horticultural therapy.

Horticulture therapy and gardening program provides the foundation of learning for participants to grow food for themselves and supplement their diet. Further benefits are gained through the proven therapeutic effects of this therapy. Student volunteers from the Saskatoon School of Horticulture help facilitate this program.

Fuel with food kitchen training program offers a home cooked meal at both lunch and suppertime. This training program assists in supplying the meals to the membership while at the same time providing the training for additional personnel to achieve new skills that may enable them to gain employment in the food service industry.





Elizabeth Fry Society

of Saskatchewan

#600, 245 – 3rd Avenue S.
Saskatoon, SK S7M 1K4
(306) 668-4606

www.elizabethfrysask.org

The **Elizabeth Fry Society of Saskatchewan**, with respect and compassion, advocates for the freedom of criminalized women through the provision of programs, supports and services.

Roles of the Elizabeth Fry Society include:

- To support criminalized (racialized, disenfranchised, marginalized) women
- To advocate for women
- To provide referrals to provincial services and community resources
- Public awareness and education
- To participate in policy changes (focus on lobbying for change to the root or systemic causes that create the conditions that many criminalized women face)

Programs and services offered by the Elizabeth Fry Society encourage an end to recidivism and support crime prevention through a social development approach. All programs are offered free of charge.

Volunteer programs offer opportunities for community members to learn about and participate in supporting women who are at risk as well as for those who are criminalized. Elizabeth Fry recruits, trains, supervises and supports volunteers in a variety of ways to accommodate the varying needs, experiences, and expectations that each individual volunteer brings to our organization. Volunteers come from all walks of life including women with lived experience, students, seniors, community service clubs, and folks who just want to make a difference.

Community development and public outreach programming provides opportunities to learn more about criminalized women and to promote relationship building and partnerships within the greater Saskatoon community. Reducing the stigma of criminalization is important. Through public outreach, alternatives to incarceration are promoted.

The women's community training residence literacy program has operated for several years by a group of volunteers devoted to family literacy and education. Facilitators teach family literacy through exercises such as cooking, discussing appropriate ways to read to children, arts and crafts and yoga.

Women's court worker provides information on options and plea; summary, hybrid or indictable offences, court procedure, trial readiness, sentencing, fine options and referral to legal and community services.



EPILEPSY SASKATOON

#203, 320 – 21st Street W.
Saskatoon, SK S7M 4E6
(306) 665-1939

Epilepsy Saskatoon works to improve the quality of everyday life for those affected by epilepsy.

Epilepsy can affect physical, psychological, developmental, sociocultural and spiritual aspects of a person's life. Having epilepsy may also affect a person's interaction with others, such as friends and their family, or with a greater community (schools, employers, public employees). Thus, a person need not have epilepsy in order to be affected by it (e.g. parents of children with epilepsy, teachers, friends, etc). Epilepsy Saskatoon strives to provide services which are client-oriented, preventative, supportive and strengthen families.

Epilepsy Saskatoon provides counselling, either individual or family, and offers in-services to employers, schools, etc. Providing people affected by epilepsy with appropriate information and support helps them to live well with the condition, reducing dependence on other community support systems. Through early intervention at the point of diagnosis, negative effects of the condition can be prevented before they occur, so that children can grow up healthy and independent, reducing the burden on families and social support systems. Training and public education to the broader community reduces prejudices and broadens awareness of the condition, improving the quality of life for all residents, reducing unnecessary use of emergency services, and improving the safety of people living with epilepsy in our community.

The child and family support program helps families and caregivers learn how to deal with all aspects of epilepsy.

Coffee club is a discussion and support group benefiting adults living with epilepsy and seizure disorders.

Workshops inform and educate people about living well with epilepsy.

In-services increase awareness about epilepsy and first aid for seizures through educational presentations.

Information and counseling services help people deal with living with epilepsy or those who are involved with epilepsy.





#102, 506 – 25 Street E.
Saskatoon, SK S7K 4A7
(306) 244-0127
www.Familyservice.sk.ca

Family Service Saskatoon offers programs, services and leadership which develop and support individuals, families and communities to have safe, healthy and respectful relationships. Services are accessible to all people on an equitable basis without regard to race, religious belief, sexual orientation, age or financial status. The focus is to promote health and growth of individuals, families and communities through innovative, diverse and high quality services. A holistic, collaborative and gender sensitive approach is used in the provision of services.

Individual, couple and family counselling are offered to assist with all types of personal and interpersonal problems, which affect well-being and family social functioning. Educational, therapeutic and support groups, which address issues of family life and personal well-being are offered.

Healthy relationships programming includes sessions for women, men and programs open to both women and men, which cover the kinds of violence, cycles of violence and the impact on children and how to move toward developing positive healthy relationships.

Counselling/support/education/information programs all citizens for Saskatoon, regardless of ability to pay for services. The target population includes minority groups, First Nations and Métis, GLBT persons, immigrants and refugees, those in conflict with the law, unemployed and under employed, and persons with disabilities. Fees are on a sliding fee scale based on income and family size, as low as \$10/session. Fees are waived for those who cannot afford even a minimum fee.

Domestic violence court worker caseworker program provides three caseworkers to the domestic violence court to support victims of domestic violence, whose partners are going through the system. The case workers also educate victims and make appropriate referrals for counselling, advocacy and other appropriate services.

Youth (mentorship) program serves children and youth, ages 11 to 18, who are in conflict with the law, or who are at high risk for conflict with the law. These youth are in need of support and intervention for a wide range of serious emotional and practical difficulties.

Performing arts for youth program provides a safe and caring environment for vulnerable youth (12-18) to learn drama skills as well as life skills with the help of professional actors, volunteers and support staff. school credit.





Bridging Rivers Area Council
801 Preston Avenue
Saskatoon, SK S7H 2V1
(306) 652-3275
www.saskatoongirlguides.ca

Girl Guides of Canada-Guides du Canada enables girls to be confident, resourceful and courageous, and to make a difference in the world.

Girl Guides of Canada-Guides du Canada, the organization of choice for girls and women, makes a positive difference in the life of every girl and woman who experiences Guiding, so she can contribute responsibly to her communities.

Leadership development is a key priority area for Girl Guides of Canada. Girls are provided with opportunities, skills and knowledge to exercise leadership qualities today and to become dynamic and effective leaders tomorrow.

Girl Guides has developed programs which reflect the values inherent in the organization and are current for today's girls. Each branch program is reviewed and updated about every five years.

Sparks emphasizes developing friendships and learning about community while also exploring the individual skills and talents of each girl.

Brownies is a chance for seven and eight year old girls to gain confidence by learning skills that they can use in their daily lives.

Guides engages girls in their communities through service projects; they gain an understanding of the lives of people in other countries, and begin to take a stand on issues that are important to them.

Pathfinders and Rangers are designed to offer flexibility in program for girls 12-17. The focus is on developing leadership skills and independence.

Adult members gives women over 18 volunteer opportunities in a number of areas. Many begin leading a group of girls and go on to become involved in district administrative roles.



John Howard Society of Saskatoon

#202, 220 – 3rd Avenue S.
Saskatoon, SK S7K 1M1
(306) 244-8347
www.sk.johnhoward.ca

The John Howard Society of Saskatchewan is an independent voluntary organization composed of citizens who accept responsibility for understanding and dealing with the problems of crime and the criminal justice system in a creative, human and progressive manner. The Society fulfills this responsibility through reform advocacy, direct service and public education.

The biggest successes experienced are watching the connection of both youth and adults with services needed that increase their decision making abilities, self-confidence, and their transition into independence. In addition, the youth or adults take back “ownership” of their life.

All of the youth involved with the John Howard Society are valued and accepted for who they are and where they are at. Programs follow a Youth Centred Model of Care in which the youth participate in all the decisions being made regarding their lives. Youth are encouraged to make decisions about the direction that they would like their life to move forward in, what supports they feel they need in order to get where they would like to go and how we can assist them in a positive, healthy transition into independence.

Finally, it is part of the John Howard Society mission statement to strive to reduce crime. This is achieved in a variety of ways. The Restorative Justice Program aims to teach accountability and responsibility to youth for the choices they are making that go against the community and the law. The Youth Centred Programs and Str8Up teach problem solving and decision making skills, coping methods, and life skills that translate into the individuals making positive lifestyle choices that ultimately reduce the potential for crime and crime within the community.

Programming for youth ages 12-17 includes extrajudicial measures for youth who come into conflict with the law (services include attending provincial youth court and providing support to youth and their parents; interview and assess for eligibility into alternative measures) and, post-adjudicated programs include support with court-ordered community services, violent activities or substance abuse issues. Families/other significant adults may also be engaged in these programs.

Youth community outreach programs serve youth 7-21, described as difficult to assist and at risk. These youth may be a victim of crime, abuse substances, be involved in the justice system, be recruited by gangs or be homeless.

Adult community programs serve adults who choose not to pay a fine (Fine Option) or adults who have been ordered by the court to perform community service in lieu of incarceration (Community Service Order).





ldas

Learning Disabilities Association of Saskatchewan

The right to learn, the power to achieve



#3, 701 – 2nd Avenue N.
Saskatoon, SK S7K 2C9
(306) 652-4114
www.ldas.org

Learning Disabilities Association of Saskatchewan (LDAS) works to advance the education and general well-being of children and adults who have learning disabilities arising from perceptual, conceptual, subtle coordinative or related problems.

Learning disabilities refer to a number of disorders which may affect the acquisition, organization, retention, understanding or use of verbal or nonverbal information. These disorders affect learning in individuals who otherwise demonstrate at least average abilities essential for thinking and/or reasoning.

Learning disabilities result from impairments in one or more processes related to perceiving, thinking, remembering or learning. These include, but are not limited to: language processing; phonological processing; visual spatial processing; processing speed; memory and attention; and executive functions (e.g. planning and decision-making).

LDAS provides public information, awareness and advocacy whenever and wherever possible. Staff participate in informational displays at conferences and workshops and respond to requests for workshops on learning disabilities and attention deficit disorders for parents, educators, government departments, community agencies, service clubs and the general public.

Bridges to success literacy program is designed for students over 18 to improve reading, comprehension, and writing levels. Bridges also teaches life skills focussing on problem solving, attendance and punctuality, self advocacy and disability-related awareness. Students in this entry-level program progress from very low levels of literacy, very low levels of confidence to the point where they are ready and willing to seek employment or go to the next level academically.

Challenges is a GED (high school graduation) preparation classroom specifically designed for adult learners who have a learning disability or difficulty. Students can also take the exam on site @ LDAS.

ABSee is a specialized literacy program aimed at students (both children and adults) with learning disabilities as well as “at risk” readers. It is designed to prevent “at-risk” readers from “falling through the cracks,” and to introduce coping strategies to students that have learning disabilities.





Maggie's Child Care Centre For Teen Parents Inc.

820 – 9th Avenue N.
Saskatoon, SK S7K 2Z2
(306) 665-5721

www.maggieschildcarecentre.org

Maggie's Child Care Centre for Teen Parents is a licensed facility for 14 children between the ages of 6 weeks and 30 months old. The centre offers child care to parents under the age of 22 that are attending high school or upgrading. In addition to caring for the children, Maggie's also provides a comprehensive support and resource program, delivered by an outreach worker, for the young parents. The Centre is situated in City Park Collegiate. Services are offered in a manner that encourages parent participation and all staff are trained in early childhood development.

Providing quality child care to the infants and toddlers under Maggie's care and support to parents while attending school are two critical features of the centre. All of the parents are single parents, youth at risk that are faced with addiction, legal and gang issues. Many student-parents have food security, transportation and housing issues

Parenting classes, recreational activities, home visits and assistance in enabling teen parents to be successful in their studies are offered through the parenting program. These activities help the parents meet other young parents while learning new parenting and life skills.

Maggie's also has a full time outreach worker who is at the centre to carry out these activities and support the teen parents through any challenges they may face as students and young parents.





1410 Kilburn Avenue
Saskatoon, SK S7M 0J8
(306) 653-1694
www.abilitiescouncil.sk.ca

The Saskatchewan Abilities Council works with people of varying abilities to enhance their independence and participation in the community through vocational, rehabilitation and recreational services.

To help clients enjoy greater independence and more active participation in the community, the Abilities Council has three main program areas: rehabilitation, vocational and recreation services. Rehabilitation services are offered provincially and include orthopaedics, special needs equipment, farmers with disabilities and adaptive technology. Recreation and vocational services are provided through the Saskatoon branch.

Recreation services insure activities and community events are accessible to people who have varying abilities. Transportation, trained volunteer attendants, scheduling, and participating in activities that clients choose for themselves are some of the services provided. Services also provide respite to caregivers and give participants greater independence from the supports at home. Camp Easer Seal summer camping experience for adults and children with disabilities, acquired brain injury community support programs, life enrichment programs for adults with physical disabilities and mobility impairments, SLYP-OUT for youth to get out in the community and take part in activities and a summer activity program for children and youth with disabilities and mobility impairments are included in recreation services.

Vocational services begins by defining where a client is on their path to optimal independence; the person is then referred for appropriate services inside and outside the agency. These services range from developing a realistic career path goal through a vocational evaluation, to the provision of on-going on-the-job support to a worker and their employer. Services are provided when the client is ready and when it is most needed. The Abilities Council helps adults to develop and pursue their vocational goals through vocational evaluation, the training centre, varied work experience placements, and supported employment.





#3, 511 – 1st Avenue N.
Saskatoon, SK S7K 1X5
(306) 665-6575
www.sdhhs.com

Saskatchewan Deaf & Hard of Hearing Services (SDHHS) supports the independence of deaf, deafened and hard of hearing persons by providing services which enhance their quality of life.

SDHHS provides services to deaf and hard of hearing persons, including counselling and interpretation services. They are currently expanding their focus on early childhood development and trying to ensure that parents of deaf children have information and services which will support the use of sign language as an alternative to the auditory-verbal therapy which is currently the only officially-supported approach in Saskatchewan.

A community services worker provides support to deaf and hard of hearing clients in order to assist them in navigating the larger community. Support includes assisting clients in developing life-skills, assisting them in working through life issues, assisting with their navigation through/access to community services. Individuals are able to access services in a culturally-relevant manner by providing services in sign language. A youth camp is included in this work.

The early childhood and family support program is designed to build and strengthen supports for increased literacy and language acquisition for young children living in a home where children and/or parents have a hearing loss.

Vocational counseling services provide specialized counselling for people with any degree of hearing loss. Individualized programs give step-by-step assistance (training in resumes, job search skills, interview techniques and the provision of labour market information) to help people achieve their career or education goals.

Communications services assist people with a hearing loss to communicate within the hearing community. These services include American Sign Language (ASL) interpreting, signed English, oral facilitation and deaf interpreting and computerized note taking.





Saskatoon Community Mediation Services

#208, 220 – 3rd Avenue S.
Saskatoon, SK S7K 1M1
(306) 244-0440

www.mediate.sasktelwebsite.net

Saskatoon Community Mediation Services (SCMS) provides training and services in mediation, conflict resolution and restorative justice to achieve means by which people can live in more respectful relationships, institutions can foster more supportive interaction and the community can be meaningfully involved in developing a peaceful and safe environment for all people.

The adult diversion program is facilitated by SCMS through a contract with Saskatchewan Justice. Crown Prosecutors refer accused persons to SCMS so they can work through a criminal offence in a restorative process. Although the work is primarily with adults, many accused persons and their victims are parents of children and youth and SCMS staff assist with the needs of both victims and accused persons by ensuring they have emotional support from relevant community resources.

Community mediation programs cover mediation assistance with parents/teens, neighbour disputes, church, workplace, and community based organizations, roommates and SGI personal injury mediation.

Mediation training programs include Respectful Conflict Resolution Training, Mediation Training Levels One and Two, and Training in Dealing with Difficult People. Completion of these training programs gives participants credit towards achieving professional mediation certificates.

The creative drama program, a summer program presented in the city playgrounds and youth centres, aims to raise awareness of conflict resolution skills to children, youth and caregivers. Communication is a key theme of the program and the audience is encouraged to problem solve positive approaches to resolving conflict situations in their lives.

The more serious crimes program is delivered through a contract with the SK Department of Justice and provides the opportunity to use restorative processes with people impacted by more serious crime.



Saskatoon Crisis Intervention Service

3103, 506 – 25t Street E.
Saskatoon, SK S7K 4A7
(306) 664-4525
www.saskatooncrisis.ca

Saskatoon Crisis Intervention Service provides crisis resolution for people in distress.

Mobile crisis service is available through response in the office, on the telephone and in the community, 24 hours per day, 365 days per year.

Crisis management services focus on crisis management and service coordination for the hard to serve population with multiple issues including behavioural and mental health. Assistance is available 10 hours per day, 6 days per week.

Mobile crisis services

- child welfare
- mental health crisis intervention
- tragic events response
- family and domestic violence
- addictions
- abuse of older adults
- interpersonal issues
- problem gambling
- emergency financial assistance

Crisis management services

- assertive outreach
- basic needs
- screening, assessment, consultation
- case management
- behavioural management
- service coordination
- advocacy
- inform, education and train
- assist frontline services
- build networks





Saskatoon Friendship Inn

619 – 20th Street W.
Saskatoon, SK S7M 0X8
(306) 242-5122
www.sfinn.ca

Saskatoon Friendship Inn is responsive, compassionate, and fosters a sense of belonging. It relies on community wide partnerships and support in fulfilling the commitment to a regular meal service and friendship. With a belief in community development, public education, and advocacy to encourage compassionate solutions to poverty in our city, Saskatoon Friendship Inn is committed to individual and group services and programs for children, youth and adults who experience poverty. People in need include those on assistance, the working poor, seniors on fixed incomes, mental health patients, homeless and hidden homeless, adults returning to school and many children.

Saskatoon Friendship Inn is sensitive to:

- the needs of the individual, including the mental, spiritual, physical and emotional aspects of the individual,
- the needs of the family, including the family's physical environment, the emotional support of the family, and the development of family values, and
- the needs of the community, including the cultural needs, the economic needs, and the social needs of the community.

The Inn's soup kitchen serves breakfast and lunch every day of the year and, through donations, a special sit down full course dinner is served at Easter, Thanksgiving, Christmas and New Year.

Friendship Inn has a family worker on staff through Social Services to assist clients with referrals/accessing services to other agencies. Outreach workers from Saskatoon Health Region (counseling, addictions, mental health, healthy baby/healthy mother) regularly visit the Inn. Other services available include: free haircuts every month, art classes on Saturdays, courtesy client phone and television.





168 Wall Street
Saskatoon, SK S7K 1N4
(306) 244-0174
www.simfc.com

The Saskatoon Indian and Métis Friendship Centre (SIMFC) goal is to improve the quality of life for Aboriginal people in the City of Saskatoon. This is accomplished through providing

- a reception centre for migrating Aboriginal people coming to the City of Saskatoon;
- an information and referral service for Aboriginal people residing in the city;
- a place where cultural activities and identification can be carried on and maintained;
- a meeting place where the Aboriginal and non-Aboriginal community can come together, to mutually support each other and exchange ideas and values; To act as a

SIMFC acts as a catalyst for identifying Aboriginal concerns and needs. Since its inception in 1968, the centre has developed and delivered numerous social, recreational, cultural and educational activities for children, adults and Elders.

The family worker program is a social program that aims to raise the standard of living for our clients by instilling the desire to achieve self-sufficiency and pride in themselves.

The family violence program uses a holistic approach to provide prevention, intervention and protection for those affected by family violence issues.

The youth department serves Aboriginal Youth ages 12-24 years of age. Positive self-identity through cultural, recreational and educational activities is fostered. All activities and special events are offered in a way to remove barriers and are cost free for participants.

The housing outreach program provides a holistic case management approach to assist homeless clients to achieve healthier lifestyles and greater independence.

In the victim restitution program, young offenders are provided with training and employment so that they can pay restitution to the victim of their crime.





712 Victoria Avenue
Saskatoon, SK S7N 0Z2
(306) 244-0185
www.saskatoonintervalhouse.org

Saskatoon Interval House is an emergency, temporary shelter for women and their children who require safe accommodation. Residents of Interval House have been forced to leave violent relationships for their own safety and for the safety of their children.

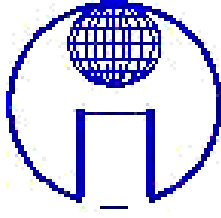
Interval House is staffed twenty-four hours a day every day of the year and provides of a comprehensive range of accessible, protective, sensitive, and safe services, according to the needs of clients. These include safe accommodation, counselling, referral and advocacy. Crisis calls and information are also an integral part of the service Interval House provides to the community.

The women's program provides crisis emergency shelter to abused women and their children who are in need of safe accommodation. However shelter is more than sturdy protective walls and locked doors; shelter also encompasses supportive services such as counselling, programming, referrals to community resources, advocacy and encouragement. It also includes nutritious meals and access to donations of clothing and household items.

The children's program helps children in dealing with the harmful effects of abuse. Many fun activities are provided: outings to the Forestry Farm, the library, picnics at Pike Lake or just going to MacDonalds for an ice cream. Staff work in close collaboration with the women's program staff. Together they endeavour to teach the importance of establishing a healthy routine: a regular time to get up, regular nutritious meals, a regular time for bed. All school age children must attend school and staff assist with transportation if necessary.

Adelle House (operated by Interval House) is a twelve unit apartment building, the second stage shelter offering a blend of low-cost social housing with the support of in-house counseling and programming. Residents live independently in their own apartments and are encouraged to develop a community spirit based on mutual respect and support and positive conflict resolution.





Saskatoon Open Door Society

#100, 129 – 3rd Avenue N.
Saskatoon, SK S7K 2H4
(306) 653-4464
www.sods.sk.ca

Saskatoon Open Door Society exists to welcome and assist refugees and immigrants to become informed and effective participants in Canadian society and to involve the Saskatoon community in their hospitable reception and just acceptance.

Saskatoon is targeted to receive as many as 4,000 new immigrants yearly as a result of a booming economy and labour shortage coupled with national and provincial immigration policies. This has resulted in increased demand for integration and settlement services in our community.

The resettlement assistance program is targeted to refugees in the first weeks of their settlement in Canada. The goal of the program is to orient individuals to the immediate issues that they will face and to provide them with the basic necessities for life in their new home. The host program component is targeted to long term residents of Saskatoon who are willing and able to provide companionship and assistance to newcomers and provide social support. The long term goal is to promote self-sufficiency including employment counselling, training, placement services, immigration settlement services, language or literacy education, community kitchens/gardens.

The immigrant settlement and adaptation program is targeted to immigrants and refugees. The goal of the program is to provide families with orientation to Canadian cultural values regarding child rearing and to prepare children for and support them in their formal schooling.

Settlement support worker in schools assist school age children, youth and their parents who are immigrants or refugees in the first three years of their settlement in Canada. The goal of the program is to provide the students and their parents' knowledge and skills to facilitate their successful settlement in Canada, especially into the school systems.

English as a second language is targeted to adults who are immigrants or refugees in the first three years of their settlement in Canada, who have minimal English language skills. The goal of the program is to provide individuals with the necessary English skills to facilitate their successful settlement in Canada.



SASKATOON SERVICES FOR SENIORS

#103, 115 – 19th Street E.
Saskatoon, SK S7K 7Y8
(306) 668-2762

www.saskatoonservicesforseniors.ca

Saskatoon Services for Seniors (SFS) provides home support services to Saskatoon's seniors and physically challenged which maximizes independence and safety in their homes. The mandate is to provide affordable, reliable & easily accessible home assistance at the lowest possible cost.

Saskatoon has a seniors' population (60+) of approximately 34,000. It is estimated that 85 to 90% of these people have "informal caregivers" and that 15% have basic unmet needs. SFS targets these individuals (those with unmet needs or approx. 5100 people in Saskatoon).

Services for Seniors values independence-freedom to choose without being subject to the influence or control of others; collaboration-cultivating and honouring relationships to better serve clients; affordability-to have the means to acquire services without negatively impacting one's circumstances; respect-recognizing that all people and their needs are important; and Excellence-pursuing quality in all that they do.

Seniors wish to age in their own homes – presumably a place where they feel safest. Often the SFS worker who provides services to a client becomes a significant contact with the outside world for the client. Clients anticipate and look forward to their "visit" from their SFS worker. Indeed, because SFS schedules the same worker all the time, the SFS worker becomes like part of the client's family. Clients share worries, concerns, joys and expectations with their worker and know that they have a contact which they can depend upon, which benefits the clients' sense of safety or general well-being.

Home support services provided include general housekeeping, laundry, meal preparation, etc.

Yard clean-Up services cover grass cutting, snow removal, weeding, digging gardens and flower beds, cleaning eaves troughs, spring and fall cleanup, outside window washing and snow removal.





#201, 506 – 25th Street E.
Saskatoon, SK S7K 4A7
(306) 244-2294

www.saskatoonsexualassaultcentre.com

The Saskatoon Sexual Assault and Information Centre (SSAIC) exists to contend with sexual violence and its effects upon individuals and the community. They aspire to a society where all may achieve their full potential free from sexual violence in any form.

SSAIC works to promote the healing and empowerment of persons who have experienced sexual violence; increase community awareness of sexual violence and its effects; change social attitudes that perpetuate sexual violence; strengthen collaboration among individuals and organizations working toward the elimination of sexual violence; and, contributing to the development of social, legal and educational policies relating to the elimination of sexual violence.

Individual counselling offers crisis and short-term counselling to women, men, children and youth. Assistance is also provided to families and friends and other secondary victims who have concerns regarding and/or are impacted by the survivors of sexual violence.

The 24 hour crisis line provides information, referrals and trauma support to anyone dealing directly with or indirectly with sexual assault and dating violence, child sexual abuse, incest, adult survivor of childhood sexual abuse, sexual harassment, and domestic violence.

Public education programs through SSAIC include educational workshops, seminars and presentations on topics such as adult sexual abuse, dating violence prevention, sexual harassment, incest, healthy relationships as well as legislation and personal rights.

Professional training/education is provided through regular training sessions to medical personnel and students of the University of Saskatchewan, police based Victims Services trainees, University of Regina Social Work Program, the Canadian Red Cross workers and other volunteers and professionals in the community, as requested.

Child sexual abuse prevention is directed to all elementary and high school students, parents, parent groups, childcare centres, and providers of services for children and youth in the community. This program includes the "I'm the Boss of Me" puppet program. The workshop and lesson plan are part of the grade 4 curriculum of Saskatoon school divisions.

Community development/advocacy work involves collaboration/networking with local and provincial agencies and services towards the development and implementation of legislation on sexual assault issues and responses, as well as provides advocacy on behalf of survivors of sexual violence.





#201, 320 – 21st Street W.
Saskatoon, SK S7M 4E6
(306) 665-1224

www.avenuecommunitycentre.ca

The Avenue Community Centre (ACC) addresses the mental, emotional, physical and social health needs of gay, lesbian, bisexual, transgender and two-spirit (GLBTT) people by addressing the impact of homophobia on their lives. ACC builds community by developing and sustaining a dialogue with the people in the GLBTT community and in the community at large. This is accomplished through learning, educating, listening, supporting and being champions of social justice.

The ACC is an organization that fosters understanding, harmony, and social justice regardless of how they choose to identify themselves through gender identity and sexual orientation.

Peer counselling is provided in person or over the phone. This allows people to ask their questions, explore their feelings, understand their issues and figure a way out to a more fulfilling and happier life. The Avenue Community Centre is home to a number of groups and clubs where people can again get together and meet new people and become part of the greater community. Personal connections are established through the organization's drop in centre, that functions as a community centre where people can hang-out and feel safe.

Information resources aimed to reduce the prevalence and effects of homo/bi/transphobia and heterosexism, include educational, age-appropriate presentations to elementary, high schools, post-secondary classrooms and sessions for professional associations, businesses, community groups and organizations, and anyone who is interested in coming to a better understanding about gender and sexual diversity.

Community development work of ACC includes building relationships with many other service providers. The ACC is a place where people can come and feel safe and respected and it is important that other agencies are aware of the ACC and the services available so that when they have a client who is dealing with sexuality and gender identity issues, they feel comfortable referring them to the ACC or can inform them of the programs and services available through ACC.





25 – 22nd Street E.
Saskatoon, SK S7K 0C7
(306) 652-7515
www.ymcasaskatoon.org

YMCA of Saskatoon builds healthier futures and communities. With the stated goal of building strong kids, strong families, and strong communities, the YMCA of Saskatoon is a volunteer driven organization that offers opportunities for health through personal growth and service to others.

Before and after school care programs provide safe, fun activities for children attending elementary school throughout the city. A youth specific fitness and nutrition program has is included in each care location. Also offered is a specialized programming to those with Aboriginal ancestry, immigrants and refugees.

The First Base program at King George Community School, meets fundamental needs by providing nutrition for the children after school, as well a caring adult with whom the child can develop a stable and nurturing relationship during their time in the program.

The YMCA childcare centres (two locations) provide services to working families and students with young children, 18 months to 6 years of age. Activities offered include gym and swim, story time, play time.

YMCA membership assistance program enables those individuals and families who have the greatest need in our community to participate in YMCA programs. The program subsidizes the membership fees for those individuals and families who are unable to pay the full fee.

The volunteer leadership development program targets all ages of youth, adults and seniors who have a desire to volunteer some of their time to provide programming to the YMCA. The program activities provide leadership training for the YMCA and the community including leadership training in aquatics and land fitness as well as individual conditioning utilizing the YMCA Canada training manuals.

The job/volunteer placement program serves a varied target group; individuals with physical, mental and/or intellectual disabilities, individuals who are re-entering the workforce after accidents, special needs students through work-education programs and recent immigrants to Canada. The YMCA provides learning opportunities on the job to youth and adult aged individuals.

Youth at risk programs include a community basketball league and subsidized memberships for access to other YMCA programs.





510 – 25th Street E.
Saskatoon, SK S7K 4A7
(306) 244-7034
www.ywcaskatoon.ca

YWCA Saskatoon is a family-centred, diverse and multi-faceted organization that works to eliminate poverty, homelessness and violence for women and their children, annually serving approximately 8000 women, children and men in our community.

The employment and learning centre offers programs to develop career and employment readiness (career counseling/exploration, resume development, computer training); transitions into employment (job search, interview skills, job coaching, work/volunteer placements), and office supports for job searches (access to phone, photocopier, fax, internet). Services are available to women and men throughout the community and programs have proactive objectives and are geared to help people before they reach the point of crisis.

The YWCA crisis shelter & residence provides a continuum of sheltering options (short-term, emergent shelter to longer term supported housing), to women and their children to address issues of violence, poverty and homelessness. Major activities include 24 hour emergency shelter, 24 hour counselling support, assistance to connect with community supports for transitioning back into the community, access to other YWCA services such as child care, health and wellness programs, employment and learning programs, computer lab.

The transitional housing program provides access to supports with trusteeship and budgeting, nutrition and meal preparation, connecting with community resources, Individual counselling and life skills coaching.

Margaret's Place for youth at risk is a self-contained, four bedroom apartment that provides supported living for young (many of whom are mothers) between the ages of 16-25

Computer lab – The computer lab provides a variety of opportunities for the general public and some targeted populations to increase their computer skills, and to provide access to computers, free of charge, to people who do not otherwise have access.

The Fitness on 25th financial assistance program supports physical fitness and improved health by ensuring that everyone who wants to participate in YWCA programs can.

The YWCA operates a 62 space licensed childcare facility, summer day camps for children and specialized fitness classes geared to seniors.





123 – 20th Street W.
Saskatoon, SK S7M 0W7
(306) 657-6100
www.classiclaw.ca

Community Legal Assistance Services for Saskatoon Inner City (CLASSIC)

provides free, professional and confidential legal services for low-income members of the Saskatoon community who cannot otherwise afford legal advice or representation. CLASSIC works with other community organizations through mutual referrals to best resolve clients' legal and non-legal issues.

Through short-term annual funding, the United Way of Saskatoon & Area supports three main activity streams, Walk-in Advocacy Clinic, Legal Advice Clinic, and Community Outreach.

Computers for Kids Canada Inc.

322 Avenue C North
Saskatoon, SK S7M 1N4
306-934-0585

Computers for Kids mandate is to provide access to technology and technology training to low income individuals, recent immigrants, and isolated elderly individuals. Their goal is to use social enterprise to create organizational stability and realistic training opportunities.

The United Way of Saskatoon & Area supports the Building a Wired Future Program, creating a supply of recycled computers and a trained volunteer base to build computers for Saskatoon's core neighbourhoods and community of recent immigrants.





905 – 20th Street W.
Saskatoon, SK S7M 0V5
306-665-3889
www.cnyc.ca

Core Neighbourhood Youth Co-op is a skills building and alternative education program for youth in Saskatoon. Youth are able to earn academic credits and learn life and employment skills in a compassionate and supportive environment.

The United Way of Saskatoon & Area supports the CNYC program for marginalized youth to build workplace, literacy, leadership and life skills while gaining high school credits and providing an income.



#304, 1114 – 22nd Street W.
Saskatoon, SK S7M 0S5
(306) 652-5448
www.readsaskatoon.com

READ Saskatoon provides free literacy services to adults and families in Saskatoon. Literacy is much more than just being able to read and write. It encompasses a diverse set of inter-related skills that enable an individual to gain access to information, acquire knowledge, learn, understand and communicate in a variety of settings: at home, at work, and in the community.

The United Way of Saskatoon & Area supports the Simply ABC! Program. In partnership with three other agencies, READ Saskatoon will update and reproduce the 1990 plain language guide to basic reading and writing for people with low literacy. In addition they will create a tutor's companion copy that will guide them through the handbook as well as provide additional tutoring methodologies and tools for one-on-one literacy support.





#5, 501 – 45th Street West
Saskatoon, SK S7L 5Z9
(306) 373-3050
www.sarbi.ca

Saskatchewan Association for the Rehabilitation of the Brain Injured (SARBI) is dedicated to providing psychosocial rehabilitation and recreation services for acquired brain injury survivors.

Often SARBI clients have moderate to severe outcomes as a result of their injuries. They are unlikely to return to work and have lifelong physical and cognitive disabilities. SARBI provides life-long service. Funding from the United Way of Saskatoon & Area supports this service.



253 – 3rd Avenue S.
Saskatoon, SK S7K 1M3
306-652-7760
www.scyapinc.org

Saskatoon Community Youth Arts Programming Inc. (SCYAP) provides arts and cultural programming that addresses the social, educational and economic needs of youth at risk.

The SCYAP Art Centre offers several programs, with a mandate to use visual art and community bonding as the key focus for the personal development, empowerment, and redirection of youth to a healthy, happy and productive life.

The United Way of Saskatoon & Area provides short term annual funding support for ongoing operational expenses.





202 Avenue C. South
Saskatoon, SK S7M 1N2
(306) 664-6565
www.saskatoonfoodbank.org

Saskatoon Food Bank and Learning Centre has a vision of a food secure community where all people have access to safe, affordable, and nutritious food. The Food Bank is at one end of the food security spectrum representing the emergency aid provider to make sure the most vulnerable in our community do not go undernourished.

The Food Bank works to address the underlying issues contributing to hunger and poverty in our community and operates various learning, self-help and life skills programs through the Learning Centre. The Clothing Depot assists individuals in need of clothing and other basic household items.

The United Way of Saskatoon & Area supports the Milk for Children program that ensures that a minimum 1 litre of milk is provided to each child age 17 and under and pregnant and nursing women every two weeks.



1020 Victoria Avenue
Saskatoon, SK S7N 0Z8
306-242-2433
www.crisisnursery.ca

Saskatoon Society for the Protection of Children Inc. (Crisis Nursery) is a home away from home for children whose family encounter a crisis that provides services that allow for the safety of children and healthy development of families.

The United Way of Saskatoon & Area supports the Crisis Nursery's ongoing service of providing 24 hour crisis shelter for children aged infant to 12 years.





Sexual Health Centre Saskatoon
#301 - 115 2nd Avenue North
Saskatoon, SK
(306) 244-7989

www.sexualhealthcentresaskatoon.ca

Sexual Health Centre Saskatoon aims to ensure that information, resources, support, and services of the highest quality regarding sexuality, contraception, and reproduction are available and accessible to all in our community who need them. The organization encourages responsible decision-making and behaviour, which is respectful of the needs and of the choices available to each individual.

There is a vital core sexual health crisis prevention service at Sexual Health Centre Saskatoon. Presentations are given in the community, at community fairs, on radio (CFCR) and through Podcasts.

United Way of Saskatoon & Area provides funding support for the Education Program, a core sexual health crisis prevention service at Sexual Health Centre Saskatoon. Presentations are given in the community, at community fairs, on radio (CFCR) and through Podcasts.



1528 – 20th Street W.
Saskatoon, SK S7M 0Z6
306-956-2518
www.switchclinic.ca

Saskatoon Student Wellness Initiative Toward Community Health, Inc. (SWITCH) operates a student-managed community clinic, providing social, program and clinical services from Westside Clinic. The clinic is open after-hours on Mondays, Wednesdays, and Saturdays to residents of Saskatoon's core neighborhood.

United Way of Saskatoon & Area provides operational support for this initiative.

